

PARENTS GUIDE - Learn to Skate

2019-20 Session 1

9/9/2019 through 10/21/2019

Thank you for your interest in the LEARN TO SKATE program at Manchester Ice & Event Center. Whether your focus is recreational or competitive, the LTS program will encourage familiarity, confidence, and development in a safe and FUN environment! This is where it all starts!

Our coaching staff consists of PSA rated professionals who will guide you or your child through the basic skills of skating. The LEARN TO SKATE USA program curriculum reflects the unified efforts of US Figure Skating and USA Hockey to create a dynamic curriculum that will foster *solid* skating skills. **We strongly recommend follow-up sessions to your child's initial sessions.**

LEARN TO SKATE classes are offered for ages 4 and up!

We offer classes in hockey skating skills from beginning Level 1 through Level 4. Classes in figure skating include SnowPlow Sam 1 through Free-Skate Level 2!

Each LEARN TO SKATE session will consist of a two-month (6-7 week) course including lessons **and** practice time on each MONDAY from 4pm to 5pm. Some special sessions (usually skaters registered and performing in shows or advanced classes) will start at 3:30PM.

A LEARN TO SKATE, Basic Skills™ membership (secondary insurance) is required and is effective July 1st through June 30th of the following year. You only buy insurance once a season.

WHAT TO EXPECT Mondays – Sept 9 thru Oct 21

9/9 Registration, orientation and FUN DAY for the kids supervised by our junior coaches! Skate fitting and “parent talk” at 3:50. Assessment and class placement at 4PM involving free-time for skaters to get comfortable. This is the day we do our best to get organized to hit the ground running on 9/16!

10/7 Progress reports – Please meet with coach in and around session (as opportunity allows).

10/21 Final lesson and recital skate for Session 1 classes.

Please Remember... Be on time (as much as our crazy lives allow!). 😊 Please give your child the time to properly tie their skates and make the most of their Learn to Skate experience! Coats and **gloves...** layers to keep warm.

PRACTICE MAKES PERFECT

If you are a skater that is actively enrolled in a Learn to Skate session, you may purchase a “Practice Punch Card” which entitles the skater to attend (5) public sessions that include skate rental for only \$20+tax! One punch card per student/per session is available for purchase. **This is a great deal!!**

TIME FRAME - Classes will last 25 minutes.

Advanced classes are typically from 4:30pm-5:00pm with “practice ice” before class from 4:00pm-4:30pm.

Classes up to Basic 2 or Hockey 2 (most classes) will typically occur between 4:00pm and 4:30pm with “practice ice” after class from 4:30pm to 5:00pm.

CLASS SIZE and LEVEL

A (3) student minimum* required to hold a class. **MIEC reserves the right to combine classes as necessary.*

MAKEUP and REFUNDS

We will make our best effort to accommodate any special needs or situations.

HELMETS – SKATES – CLOTHING

- **Helmets** – are optional but highly recommended. We encourage your child to bring a well-fitted helmet from home (ski helmet – no bike helmets). Make sure it is clearly marked with their name.
- **Skate Fit** - Skates should be comfortable but snug and not pinch the toes. The heel should not move.
- **Skate Lacing** – Tap heel back into the skate. Straighten the tongue. Begin lacing the skate so that it is snug through the ankle and first two sets of hooks. Cross extra lace over the hooks and tie, do not wrap excess lace around the boot.
- **Clothing** – Should be warm, layered and comfortable. **GLOVES ARE A MUST!**
- **Coaches** – Talk to your child’s coach. Feel free to check on progress and/or comment on child’s progress.

For more information about US Figure Skating and USA Hockey we encourage you to visit their websites at www.usfsa.org and usahockey.com.

For up to the minute ice schedules, program registration forms and waivers visit: www.manchestericecenter.com

